

WELCOME TO THE TIDES RESTAURANT AND BAR

DINNER 5.30PM – 8:30PM

SPECIALTY BREADS

Garlic Bread	8
Bruschetta per piece	4
-beetroot relish / feta	
-spanish tapenade	

ENTREES

Broccoli and Blue Cheese Soup crusty bread (GF on request)	15
Seafood Chowder crusty bread	17
Thai Salmon Fish Cakes spiced lemongrass/ salad greens/ citrus and caper salsa (DF)	19
Shrimp and Prawn Cocktail salad greens/ cocktail sauce/ lemon wedge/ crusty bread (DF) (GF on request)	19
Chicken and Ginger Dumplings asian slaw/ soy chilli coriander dipping sauce	19
Salt and Pepper Calamari lemon aioli (GF) (DF)	19
Mushroom, Basil, Parmesan and Pinenut	
Arancini citrus aioli (Vegetarian)	19
Scallop and Prawn Tortellini lemon, herb and garlic butter	22
Whitebait Pattie lemon aioli entrée	22
Whitebait Pattie fries/ lemon aioli main	42
Taster Plate (2 can share): chicken and ginger dumplings/ Thai fish cake/ salt and pepper calamari/ shrimp and prawn/ mushroom, basil, parmesan and pinenut arancini	38

MAINS

Dukkah Lamb Back Strap pumpkin puree/ country style potatoes/ greens/ rosemary jus	39
Duck Supreme parsnip puree/ fondant potatoes/ greens/ cherry jus (GF)	39
Roasted Rolled Pork Belly fondant potatoes/ braised cabbage/ apple cider jus (GF)	36
Crumbed Chicken Breast potato cake/ greens/ sweet pea sauce	36
250g Ribeye shoestring fries/ crumbed onion rings/ side salad (GF on request) (DF on request) with your choice of; gravy / pepper sauce/ garlic butter	36
Slow Cooked Lamb Shank potato mash/ braised cabbage/ gremolata	34
Fish of the Day changes frequently priced daily	
Beer Battered Turbot shoestring fries/ side salad/ house made tartare (DF)	29
Chickpea, Spinach and Tomato Spiced Curry fried tortilla/ jasmine rice/ mango chutney (DF) (Vegan)	29
Mushroom, Spinach and Cheese Risotto (GF) (Vegetarian) (DF on request)	29
Smoked Chicken, Bacon and Pea Risotto fresh parmesan (GF) (DF on request)	29

Roast of the Day parsnip puree/ roast vegetable medley/
broccoli/ gravy (GF on request) priced daily

SIDES

The Tides Gourmet Salad lemon dressing (GF) (DF)	7
Creamy Mash (GF)	8
Shoestring Fries lemon aioli (GF) (DF)	8
Broccoli cracked pepper/ olive oil (GF)	8
Jasmine Rice	8
Roasted Vegetable Medley	8

DESSERTS

Plum and Pear Crumble vanilla ice cream/ cinnamon anglaise	15
Sticky Date Pudding caramel sauce/ vanilla ice cream/ caramel popcorn	15
Chocolate, Raspberry & Walnut Brownie raspberry coulis/ anglaise/ vanilla ice cream	15
Strawberry and Vanilla Cheesecake vanilla ice cream/ cream	15
Ice Cream Sundae chocolate/ raspberry/ strawberry/ caramel (GF)	15
White Chocolate Brulee vanilla ice cream/ cream (GF on request)	15
Selection of Sorbets (GF) (DF)	15
Local Cheese Selection <i>please ask your wait staff for today's cheese selection</i> Spiced pear paste/ honey comb/ assorted crackers/ selection of seasonal fresh fruit/ nuts (GF on request)	23



****MENU CHANGES REGULARLY**
phone Trailways Hotel for our current daily
menu