

flames

ON FORTY

RESTAURANT & BAR
NELSON NZ

Breakfast

Continental Breakfast (Buffet)

\$19.00

Fruit Juice | Yoghurt | Stewed Fruit | Fresh Fruit | Danish Pastries |
Croissants | Cereal | Toast and Preserves

Cooked / Continental Breakfast

\$27.00

Enjoy our Continental Breakfast Buffet

Plus YOUR CHOICE OF: Eggs – Poached | Scrambled | Boiled or Fried
Grilled Bacon | Sausage | Hash Browns | Tomatoes

With Toast available from the buffet

Porridge

\$10.50

Dried Fruit | Brown Sugar & Cream

Toasted Bagel

Served with: Preserves & Butter

\$8.50

Grilled Bacon | Tomato | Basil Pesto

\$9.50

Smoked Salmon | Cream Cheese | Capers

\$10.50

Huevos Rancheros (Mexican Breakfast)

\$17.50

Refried Beans, Tomato Salsa, Cheese, Sour Cream & Avocado on a flour tortilla
with two fried eggs and coriander

Eggs Benedict

\$18.50

Poached Eggs | English Muffins | Hollandaise |

With choice of Sliced Ham;

Smoked Salmon; or

+Wilted Spinach (V)

Buttermilk Pancakes

\$19.50

With Bacon | Maple Syrup | Grilled Banana or Cream | Berries

Flames on 40 Big Breakfast

\$23.00

Bacon | Sausages | Eggs – Any Style | Grilled Tomato | Hash Browns | Sautéed Mushroom

Eggs Any Style

Two Eggs Any Style **\$14.50**

Poached | Scrambled | Fried | Boiled

On Ciabatta

Plus your Choice of ONE of the following:

Bacon | Mushroom | Sausage | Grilled Tomato

Omelette

Choice of Three Fillings – **\$18.50**

Ham | Cheese | Mushroom |

Tomato | Bacon | Onion

Extra fillings add \$2.00

Served with toast and a grilled tomato

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Children's Breakfast – available for 12 years & under

Child's Toast & Spreads and Juice	\$5.00
Child's Continental Fruit Juice Cereals Fruit Yoghurt Danish Pastries Toast Jam	\$9.00
Child's Cooked Continental Plus One Egg: Any Style Sausage Bacon Hash Brown Toast	\$12.00
Child's Pancakes Cream & Berries	\$8.00

SIDES	\$3.00 each
Bacon	Sausage
Mushrooms	Tomatoes
Hash Brown	Avocado
Baked Beans	

Beverages

Nutri Bullet Smoothies	\$6.50
Banana Vanilla – Banana Yoghurt Vanilla Extract Honey Almond Oats Vita Berry Blast – Spinach Berries Banana Dairy Free Peach Almond	

Coffee	
Filtered Coffee from the Buffet	\$4.00
Long Black	\$4.20
Flat White / Cappuccino / Mochaccino	\$4.70
Latte / Chai Latte	\$5.00
Hot Chocolate	\$4.50

Soya milk Coffees available add .60c

Tea	
A selection of herbal and traditional teas – Pot	\$4.00